



Discover your humanity skills (in times of AI)

Bossert Academy

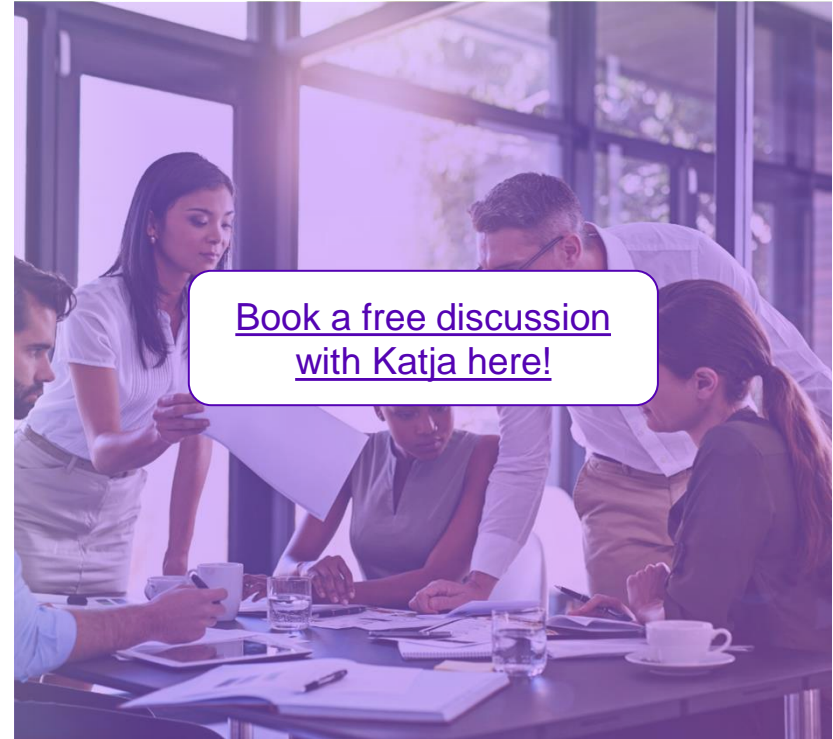
Foundations of Coaching program - Cohort 10



bossert associates

Why “Coaching” ?

- In a world where algorithms are reshaping the workforce, the demand for uniquely human skills is soaring. Imagine harnessing the power of intuition, empathy, and emotional intelligence to stay in demand in the ever-evolving landscape!
- Join our coaching class and unlock the secrets to mastering these essential skills, coaching skills. Gain a globally recognized diploma that opens doors to a rewarding career in coaching or empowers you to lead with a coaching mindset in profession where humans are involved.
- Become part of our dynamic community of learners committed to growth and transformation. Challenge your thinking, shed old habits, and emerge as a masterpiece of coach training.
- Book your slot today and see if you're a perfect fit for our team!



Becoming a coach means also self discovery



Coaching as part of your professional life

You love to work with people and want to support them in their human growth, as a leader, implicitly or as a coach, explicitly

You love to help but you don't know how to do this in a professional way without over-using your resources.

You could see yourself working as a coach professionally, either besides your current role or part time or fulltime – once you've deepened your coaching experience



Personal growth

To truly help others, you need to help yourself first. Only if you know yourself, you will be able to see what is your share and what is your reaction to your coachee's sharing in your coaching sessions.

On your journey to become a coach you will be coached a lot – being able to ask those questions you always wanted to work on - with the help of some of the best coaches in the industry

You will get to know and love yourself,- condition sine qua non for your successful work as a coach

Your journey to become a coach



Becoming a coach entails much more than learning professional coaching techniques. Of course, it requires the careful study and practice of these techniques. But it also requires you to develop a true coaching mindset – of deep respect for each and

every coachee. This non-judgmental attitude opens your inner freedom. Most alumni say that our program has had a transformational effect on them both personally and professionally.



We are unique



Education by
2-3 teaching coaches

- Through learning from senior coaches (PCC and MCC) high class education is guaranteed
- You learn from two ends: business background and deep psychology



Learn with
the best peers

- International business people are your peers: you learn to coach with your future target group
- You will be surrounded by courageous learners who will challenge and support you in your learning journey



Level 1
accredited program

- International Coach Federation (ICF) as biggest global certification institute with 65k members
- Level 1 program: exam at ACC level
- Personal credential on ACC level possible after 100hrs of coaching practice



Gain real world
experience

- You will coach all the time during our program: first your peers, then their connections and last our pro bono/ NGO network
- In parallel to our program, you can start offering you services from day 1 and hours count against your 100 hrs for ICF credentialing



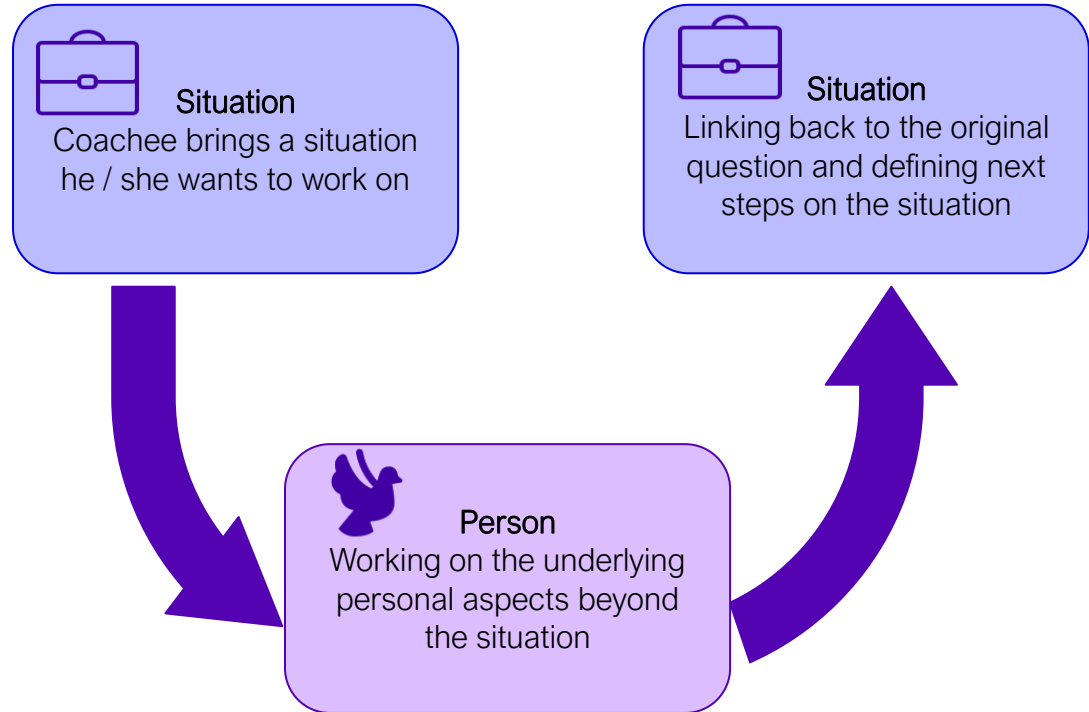
Why us



Our coaching philosophy - True development of the individual

Our coaching approach lifts the situational issue to the personal level. Thereby we drive a true personal development which enables the coachees to not only master the situation they'd like to solve right now, but to also discover themselves and develop tools so that they can efficiently handle new challenges that may arise in the future.

This approach requires a true interest in the person you are coaching and an extended understanding of inner dynamics.



Our Alumni say ...

“Highly professional school with outstanding trainers, going the extra mile because they personally fully believe what they are doing. In addition to the pure diploma, you get a personal journey with eye-opening experiences that are very valuable. Great process, great personal experience.”

“What is my biggest takeaway from this course? Rediscovering myself with great teachers in an extraordinary team.”

“Very intense. Very professional. Very demanding. Extremely much fun.”

“Participation is fun and opens up insights into an exciting new field that can sometimes be decisive for cooperation within the company.”

“Great, concise, and clear program. Instant classic, New York Times Bestseller.”

“Everyone is talking about efficient solution finding. Here is a very successful one.”



Who we are ?

Bossert Academy



Katja Bossert

- Founder of the Bossert Academy, MDP of Bossert Associates
- Executive coach
- Specialist in leadership development
- Recognized for developing female leaders and supporting them in fulfilling their career potential in large corporations



Kriszta Madai

- Executive and career coach, spiritual coach
- Co-creator of the ECVision European Coaching and Supervision framework
- Co-designed and delivered major cultural change programs for Ericsson Hungary which was finalist in the 2016 ICF Prism Award



Kathleen Lambrechts

- Executive Coach with a lawyer and corporate background
- Highly Experienced facilitator and leadership developer
- Expert on resilience and psychological safety
- Focus on supporting leaders in high pressure environments



Course timeline

60 hrs in total over 6 months- 2.5 hrs/ week on average

Month October 2024

March 2025



Core coaching competencies
Coach Ethics
Demos and practice

3 hrs/week
October-January

Closing after exam

3 hrs in March

Learning nuggets (reading, watching, self testing, essay)

Self-organized,
2hrs minimum

Coaching of a peer

6hrs

1 x supervision on a coaching recording

3hrs

3 x supervision in a small group

6hrs

Working with peers

4hrs

Live Exam (Coaching + Being coached + observation)

3 hrs



EUR 6.850* VAT-free **

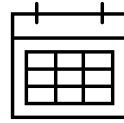
Register

(First come, first served)

* Special conditions are possible (payment in installments, academic discounts, special arrangements)

** According to § 4 No. 21 a) bb) UStG we are exempt from sales tax for these courses by the Government of Upper Bavaria, subject area 21.

Contents of our 12 workshops



Workshop #	Date (09:00-12:15)	Contents
1	18. Oct 24	Intro / group contract / coaching basics / demo / active listening exercise
2	25. Oct 24	Core competencies overall / 1. Ethical Practice / 2. Coaching Mindset / demo
3	8. Nov 24	3. Coaching Agreements / 8. Client Growth / observed session
4	15. Nov 24	6. Active listening / observed session
5	22. Nov 24	7. Awareness / observed session
6	29. Nov 24	4. Trust and Safety / 5. Presence / observed session
7	6. Dec 24	Observed sessions day
8	13. Dec 24	1 hour GMC/ Observed sessions
9	14. Mar 25	GMC/ 1 exam / Margareten
10	21. Mar 25	Live exam day
11	28. Mar 25	Closure / Margeretin / Essay / USP / Celebration

First learning, then supervision



Next program runs
April 2025 – Sept. 2025

Learning: 11 workshops from October to December, closing workshop in March mostly on Fridays at 09:00-12:15 am CET

Practice: 6 sessions from October to mid January

Supervision: 1 individual and 3 group sessions from December to March



Over half of the program, we are together in workshops



① Workshops – 10 x 3 hrs + 1 x 2 hrs (including 5x being observed by a trainer with 3 written reviews and 4 hrs mentor coaching and 1 ACC level live exam)

38 hrs

Group Mentoring Coaching – 3 x 2 hrs

② 1 IMC

- Coaching audio recording (20-40 min)
- Transcript
- Self Assessment
- 30 min call with mentor coach

3 hrs

Build your own library of coaching recordings to learn from¹

③ Essay

1 hrs

④ Coaching:

- Peer Coaching - 6 hrs
- External client coaching – 3 hrs

9 hrs

Our training director would love to get to know you:

[Book a 30 min call here](#)

⑤ Self learning - 5 hrs

- Peer study groups
- Learning portal, emails

9 hrs

Being coached

6+ hrs

Σ 60



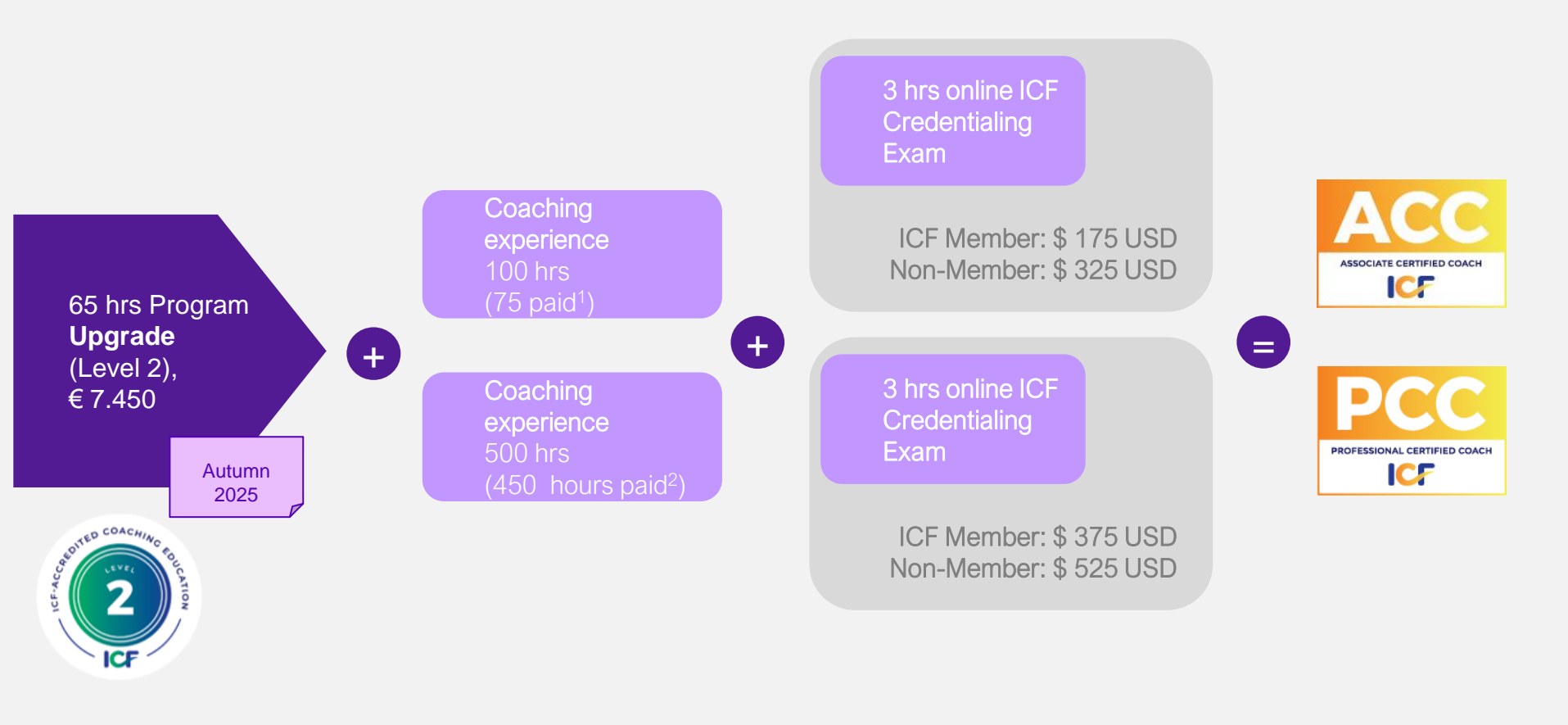
In addition to the Level 1 Program with us, you need 2 more elements to obtain ACC from ICF



1) 100 hrs to claim a personal ACC credential with ICF can be collected from day 1 of our coach training as we are accredited. However, they may not be part of the 60 hrs but must be on top
2) 75 hours paid coaching (Paid: salary, barter deals and low payment), 8 clients min. At least 25 of these hours (paid or unpaid) must occur within the 18 months prior to submitting the application for the credential.
3) Retake costs 105 US\$ with ICF



Alternatively, you continue your education and become PCC (optionally ACC first)



1) 75 hours must be paid coaching
2) 450 hours paid coaching (Paid: salary, barter deals and low payment), 25 clients min. 50 hours must have occurred within the 18 months prior to submitting the credential application. At least 450 of the hours must be paid.
3) Retake costs 105 US\$ with ICF

We are looking forward to
you joining us on this exciting journey!

We like to keep our classes small, so we apply the
first-come-first-served principle, after an initial call, please ...

[+++ Register here +++](#)

Use [this Calendly link](#) to book a chemistry call with our program director Katja Bossert
Or contact us for further questions at academy@bossert-associates.com